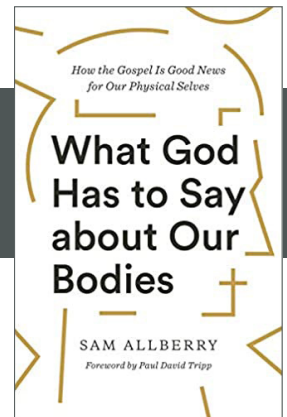




THE LORD IS FOR THE BODY: HOW THE GOSPEL IS GOOD NEWS FOR OUR BODIES

SAM ALLBERRY



¹²"All things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be dominated by anything. ¹³"Food is meant for the stomach and the stomach for food"—and God will destroy both one and the other. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. ¹⁴And God raised the Lord and will also raise us up by his power. ¹⁵Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never! ¹⁶Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, "The two will become one flesh." ¹⁷But he who is joined to the Lord becomes one spirit with him. ¹⁸Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. ¹⁹Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, ²⁰for you were bought with a price. So glorify God in your body.

- 1 CORINTHIANS 6:12-20 (ESV)

"Biology is never just 'biology' because our biology is from the Lord and has theological and spiritual significance."

THE LORD IS FOR THE BODY

OUR BODIES ARE PURPOSED (PS 139)

OUR BODIES ARE MEANINGFUL

OUR BODIES ARE DISTINCTIVE

YOUR BODY IS YOU (GEN 2:7)

OUR BODIES ARE NOT THE SUM TOTAL OF WHO WE ARE (1 SAMUEL 16:1-13)

OUR BODIES ARE NOT INSIGNIFICANT

“If our bodies actually are intrinsically meaningful, then what is being done with our bodies is significant...which is why if our bodies are hurt and mistreated it’s not merely the case that our property has been damaged. They are hurting you.”

TWO IMPLICATIONS

CULTIVATE THANKFULNESS

VALUE PHYSICAL PRESENCE (2 JN 1:12)
